

# Efficacy of Repeated Low-Level Red Light (RLRL) Therapy on Myopia Outcomes in Children

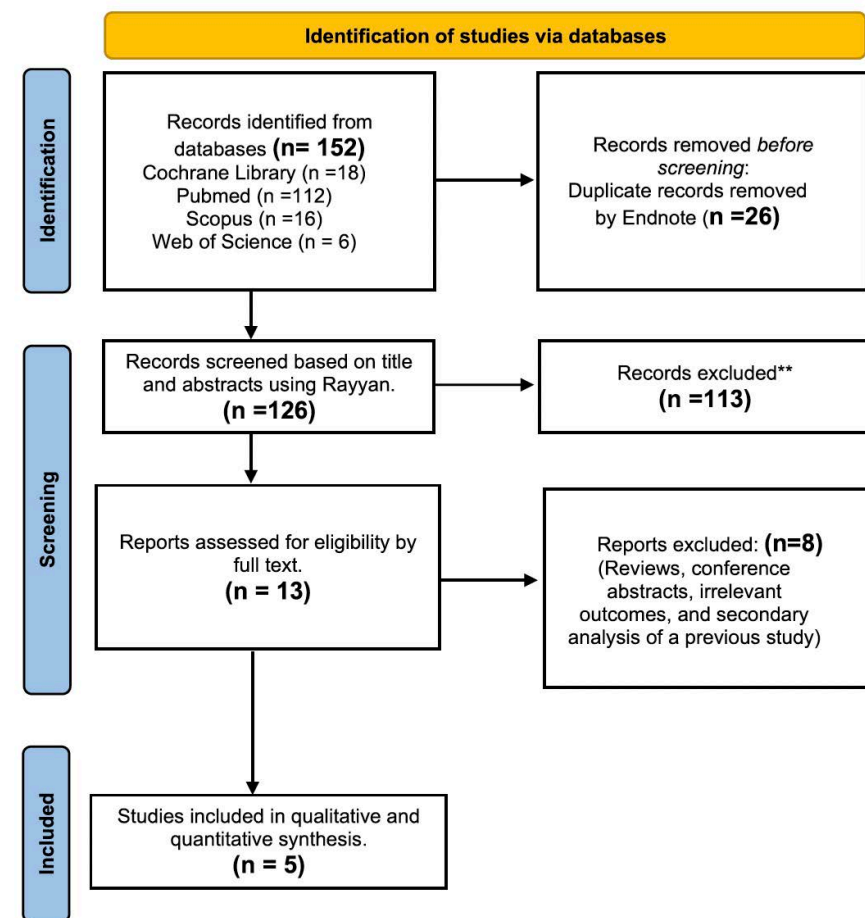
## A Systematic Review and Meta-Analysis

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### Purpose:

To determine if RLRL is beneficial in treating childhood myopia.

### Method:



### Results:

- 5 randomized controlled trials were included in the meta-analysis with a total of 833 patients, 407 in treatment group and 426 in control group.
- Statistical differences between AL and SER progression in RLRL and controls groups were seen at 3 months, 6 months and 12 months.
- No functional or structural damage was documented.